

# FREE MEALS

 for kids 18 and under!



YMCA Southcoast is offering fresh, ready-made meals for your child(ren) to just heat up! These freshly prepared meals will offer a variety of culturally relevant and nutritious options. Free to all in need.

**WHERE** Gleason Family YMCA Parking Lot  
33 Charge Pong Road  
Wareham, MA 02571

**WHAT** Tuesday Box: 3 days of free breakfast and lunch meals  
Friday Box: 4 days of free breakfast and lunch meals

**WHO** No paper work or registration required!  
The child does not have to be present for pickup  
Come on foot or by car



## GLEASON FAMILY YMCA

Starting Friday, January 29

Tuesdays & Fridays

3:30–5:30pm\*

\*or until food runs out

**FIRST COME, FIRST SERVE**

[ymcasc.org](http://ymcasc.org)

